

# PARTICIPATION · EDUCATION · WELLBEING

# **Gloucester Rugby Foundation Programme Information**

## **VETERAN'S ACTIVITY GROUP:**

When: 1pm - 2pm weekly on Wednesday, beginning 26<sup>th</sup> February 2020

Where: Lion's Den, Kingsholm Stadium, Gloucester, GL1 3AX

Further Info: Evening group time and day TBC.

Contact nikisavory@gloucesterrugby.co.uk

#### **HOMELESS RUGBY:**

When: 10am -11am weekly on Monday

**Where:** Chapter House, Gloucester Cathedral. GL1 2LX **Further Info:** Contact matliddiard@gloucesterrugby.co.uk

### WHEELCHAIR RUGBY:

When: 6pm - 8.30pm weekly on Monday

**Where:** Imjin Barracks, Innsworth Ln, Innsworth GL3 1HW **Further Info:** Contact <a href="mailto:matliddiard@gloucesterrugby.co.uk">matliddiard@gloucesterrugby.co.uk</a>

### **WALKING RUGBY:**

When: 10.30am - 11.30am weekly on Wednesday

Where: Oxstalls Tennis Centre, Longford, Gloucester GL2 9EB

When: 9am - 10am weekly on Thursday

Where: Stratford Park Leisure Centre, Stratford Rd, Stroud GL5 4AF

**When:** 10.30am – 11.30am weekly on Friday

Where: 8 Gretton Rd, Winchcombe, Cheltenham GL54 5EE Further Info: Contact matliddiard@gloucesterrugby.co.uk

#### **Gloucester Rugby Foundation**

#### Our mission:

To use the power and inspiration of rugby, along with the values of Gloucester Rugby, to make a difference by:

Delivering innovative programmes for people of all ages.

Developing partnerships that bring about success based on the needs of local people.

Providing new opportunities through sport for disadvantaged groups

Find out more about what we do from the three areas we support:

<u>Participation</u> – to ensure every person in Gloucestershire has an opportunity to play rugby in their community regardless of age or ability.

Wellbeing – to offer accessible opportunities that inspire people of all ages to lead healthier and more active lives.

**Education** – to boost education attainment, employment outcomes and improve life chances through bespoke sport-based programmes delivered within schools and at Kingsholm.