



Gloucestershire Health and Care
NHS Foundation Trust

Gloucestershire Child and Adolescent Mental Health Service (CAMHS) Neurodiversity Team



**What happens after being referred to
the CAMHS Neurodiversity Team?**

STEP 1

If you feel your child's is developing differently or has needs presenting differently to what you might expect, you may ask your SENCo or another professional for help with this. Professionals may also notice differences in your child that you may not have noticed and talk to you about these. They will get your consent to talk to other professionals who know your child.

If your child isn't in an educational setting and you don't have involvement with any other services, you should book an appointment with your child's GP and they will be able to support you with next steps.

STEP 2

Your School's SENCo/other professional will complete a Referral Form and a School Report Form (if applicable) and also ask you to fill in the Family Information Form. They will

send copies of these to the CAMHS Neurodiversity Team to review.

STEP 3

If the referral did not come from school, the CAMHS Neurodiversity Team may contact the referrer to ask for extra information about your child. They will also access your child's health records to review any professional reports.

STEP 4

When all the information has been gathered it will be shared at a CAMHS Neurodiversity Team multi-professional meeting.

At this point a decision will be made as to how best to support your child;

1. The team may decide that your child needs an assessment within the service. The team deliver ADHD and Autism assessments and will confirm with you what assessment they will be undertaking

with your child (they may also combine the assessments if this is indicated).

2. The team may decide to ask other services to do some assessments, or request more information to help decide on next steps. They will write to you to explain this.
3. If the team feel that your child's needs could be supported better by another service, they may write to you to explain this. Your child will continue to receive support on Gloucestershire's Graduated Pathway (MyPlan, MyPlan+, EHCP), which does not require a diagnosis.

For more information on the Graduated Pathway please visit:

https://www.glosfamiliesdirectory.org.uk/kb5/glocus/glosfamilies/family.page?familychannel=2_1_2

STEP 5

If your child is offered an assessment with the CAMHS Neurodiversity Team a series of appointments will be scheduled, as the assessment process has several elements. These are broken down into:

Autism Assessment

Task-based assessment – a clinical assessment that involves your child completing some activities, puzzles and talking with a member of the neurodiversity team. This helps us to understand how the young person interacts with an unfamiliar adult and helps us to identify strengths and difficulties across a range of tasks.

Developmental History – an opportunity to understand more about the development of your child and how they are at home and in other settings such as education and social

activities. A clinician from the team will meet with you and your child to complete this.

ADHD Assessment

QB Test – a short, 15-20 minute, computer-based test which will assess your child's ability to concentrate. Your child will be asked to respond to geometric shapes which appearing on a computer screen by pressing a responder button.

Developmental History – an opportunity to understand more about the development of your child and how they are at home and in other settings such as education and social activities. A clinician from the team will meet with you and your child to complete this.

MDT Assessment – the team will also consider if your child needs additional assessments, for example a medical assessment, cognitive assessment or discussion with Education professionals.

STEP 6

Two members of the CAMHS Neurodiversity Team will meet with you and your child to feedback the results of the assessment. This will include your child's strengths, needs and whether there is an appropriate diagnosis. Following this appointment, you will receive the assessment report.

STEP 7

This is the final stage of the process and is a chance for you to ask any questions you may have about the assessment, the report or the ongoing support.

When you are discharged from CAMHS Neurodiversity Team your child will be offered information about useful resource for ongoing support and can continue to access support through the Graduated Pathway.