



## ASPEN MEDICAL PRACTICE

Horton Road, Gloucester, GL1 3PX

Tel: 01452 337733

[www.aspenmedicalpractice.nhs.uk](http://www.aspenmedicalpractice.nhs.uk)

### Branch Sites

Saintbridge: Askwith Road, Gloucester. GL4 4SH

Tuffley: Warwick Avenue, Tuffley, Gloucester. GL4 0SL

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Dear Patient,

You are probably already aware that there is a nationwide shortage of the GLP-1 injectable drugs (Ozempic, Trulicity, Victoza, Lyxumia) which is likely to continue until summer of 2024. There may be months when you are able to obtain this medication and months where it will simply not be available. Please continue to check in with your usual pharmacy and take this medication when it is available.

If you have not had recent Diabetes Blood tests, please contact Reception to book for Diabetes Monitoring Blood Tests which should be a fasting blood test. If you are due for a full Diabetic Annual Review (you should normally be invited in your birth month), please book this with Reception.

These medications are very helpful for lowering blood glucose and in the absence of this medication, it is even more important to follow healthy lifestyle practices. If you would like to attend Diabetes Group Sessions at the practice, please email [aspen.diabetes@nhs.net](mailto:aspen.diabetes@nhs.net) to book a place. For more information about these group sessions, please see <https://www.eatrealfood.uk/diabetesprediabetes>

If your HBA1c comes back high, you will be contacted by the Diabetes Nurse or Diabetes Doctor to discuss your Diabetes management.

Many thanks.

Best wishes,

The Aspen Team

### Partners

Dr. Bob Hodges, Dr. Iain Jarvis, Dr. Hasib Khalid, Dr. Sam Kuok, Dr. Andreas Marksteiner,  
Dr. Kannan Raj, Dr. Jhumpa Sarkar, Dr Christopher Andrews, Dr Joan Nash