



Who is a Carer?

A Carer is someone who supports someone who has a disability or illness, usually a family member or friend.

A Carer does NOT have to live with the person they care for

A Carer CAN be providing any type of support both within the home and while attending appointments

A Carer does NOT have to be providing full time support

A Carer could be anyone of any age

A Carer can receive advice from us if they live out of county but support someone who pays council tax to a Gloucestershire County Council

Gloucestershire Carers Hub support **ALL** carers over the age of 18 years

This is a **free service** as part of the NHS and Gloucestershire County Council

ANYONE can self-refer and **ANYONE** can refer someone else

**consent to refer someone must be obtained prior to referral*

To refer call **0300 111 9000** or refer online

www.gloucestershirecarershub.co.uk

1 in 10
people are
Carers





CARERS MYTHBUSTER

Registering as a Carer doesn't mean other services have to become involved

You do not need to be receiving any benefits to be a Carer

You can be caring and sharing this role with someone else

It could be a whole family that are caring for one person or more

You are still a carer if receiving paid carers support alongside your role

You do not need to be providing care for a long period of time, you could be helping someone recover from an illness

You could be the neighbour or another member of community helping someone

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