

Dementia Carers Online Monthly Support Group



Gloucestershire Carers Hub and **Managing Memory Together** are offering an online support group for carers of people with dementia. The aim is to provide a space for carers to meet one another, share experiences and to get information and support

Please join us for any of the following dates or all of them if you can on Tuesdays 7pm-8.30pm

26th January 2021

23rd February 2021

23rd March 2021

27th April 2021

25th May 2021

22nd June 2021

The sessions will take place on ZOOM

Carrie Woods, Health Liaison Officer for **Gloucestershire Carers Hub** and **Kathy Holmes**, Engagement and Involvement Lead for **Managing Memory Together** will be hosting the sessions

Future dates will be reviewed with the group and it will be up to the carers involved to decide what they want from the sessions

For more details and joining instructions
please contact

Managing Memory Together

managingmemory@ghc.nhs.uk

0800 694 8800